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## WE ARE READY TO WELCOME YOU TO THE IAH2023 CONGRESS

IAH-SA won the bid in 2021 to host the IAH2023 Congress amid a pandemic when we all could not imagine when we would meet face to face again.

Two years later and we are ready to welcome you in person to our beautiful country and a successful and a memorable 50th IAH Congress.

To ensure that you are prepared and ready to attend the congress please take a moment to view the links below for important information.

### 1. On-site registration Process:

- Delegates are kindly requested to collect their name badges at the satellite registration counter located on the ground floor of the CTICC (inside the CTICC entrance opposite the Westin Hotel) on Monday, 18 September. This should be done at least **45 minutes** before the scheduled departure time of the respective field excursions.
- Upon returning to the CTICC after the field excursion, delegates are advised to make their way to the main Registration/Hospitality Desk on Level 1. Delegates will receive their congress materials and important information pertaining to the congress.

### 2. The Scientific Programme: has been updated

- **Oral and E-poster instructions available.** Click to download
- Please view these instructions to ensure that you know what is required and of the deadlines to upload e-posters.
- **Presentation Template.** Click to download (optional to use).

### 3. Field excursions itineraries: (Please refer to the website for departure times, what to wear and bring along)

- **IMPORTANT:** Delegates must arrive at least 45 minutes prior to the departure of their tour.
- Meeting point: Cape Town International Convention Centre - Entrance opposite the Westin Hotel. Please proceed to the registration desk inside the centre.

### 4. Welcome Reception: Cape Carnival on Tues, 19 Sept at 17:30, venue: Ballroom East, CTICC

### 5. Gala Dinner: An African Affair on Thurs, 21 Sept at 19:00 for 19:30 at the Gold Restaurant

- Add a touch of the African continent's flair to your outfit - colourful headscarf, beaded skirt, animal print and beaded accessories. Celebrates the diversity and beauty of Africa's cultures and landscapes in your own style and stand a chance to win a prize for your fashion flair.
- The restaurant does not have dedicated parking and the organizers urge all delegates to use the transport provided by the congress that departs promptly at 19:00 from the CTICC or book an Uber to the restaurant. (Coaches will return delegates to the CTICC at the end of the dinner)

### 6. Weather

September is the start of the Cape Spring. Days are warm and evenings slightly cooler. Our weather has been quite unpredictable of late so we do recommend you bring along a warm jacket. Temperatures range from 8 °C to 18 °C.

*Travel safely and we look forward to welcoming you to the 50th IAH Congress in Cape Town.*

